Accurate Diagnosis for Dizziness and Balance Issues – VNG Test at Sagar Speech & Hearing Clinic, Sagar (M.P.)

Have you ever felt like the room is spinning, or you suddenly lose balance for no reason? Do you frequently experience **dizziness, vertigo, or a sensation of imbalance** while walking, standing, or turning your head? These symptoms might seem minor, but they can severely affect your quality of life and may be signs of an underlying **vestibular system disorder**.

To accurately diagnose these issues, **Sagar Speech & Hearing Clinic** offers a specialized test known as **Videonystagmography (VNG)** — an advanced tool used worldwide to assess **inner ear function and balance-related problems**.

▯ What Is the VNG Test?

Videonystagmography (VNG) is a cutting-edge diagnostic test that evaluates your **vestibular (balance) system** by measuring involuntary eye movements (nystagmus) in response to various visual and positional stimuli.

The vestibular system, located in the inner ear, works closely with the brain and eyes to maintain balance and spatial orientation. Any dysfunction in this system can lead to **dizziness, vertigo, nausea, and falls**.

The VNG test helps in:

- Determining whether dizziness is caused by **inner ear problems** or **neurological conditions**
- Assessing the **balance system** by tracking eye movements
- Diagnosing **vestibular disorders**, **BPPV**, **Meniere's disease**, **vestibular neuritis**, and more

🧪 What Does the VNG Test Involve?

At Sagar Speech & Hearing Clinic, the VNG test is performed using high-tech, non-invasive tools and involves the following steps:

1. **Calibration Test**
   - Measures how your eyes track moving targets on a screen.
2. **Positional Testing**
   - Checks for abnormal eye movements while your head and body are positioned in different ways (useful in BPPV diagnosis).
3. **Optokinetic Testing**
   - Assesses how well your eyes can follow a series of moving visual patterns.
4. **Caloric Testing**
   - Mildly warms or cools the ear canals with air or water to stimulate the inner ear and measure its response.

These tests are **safe**, **painless**, and **conducted under expert supervision**.

⚠️ Who Should Consider the VNG Test?

You may benefit from a VNG test if you're facing:

- **Frequent dizziness or vertigo**
- **Head spinning sensations** or imbalance
- **Unexplained falls**, especially in older adults
- **Difficulty focusing** or blurry vision during movement
- **Nausea and motion sickness**
- **Chronic ear infections** with balance disturbances
- **Hearing loss** accompanied by vertigo

If these symptoms interfere with your daily life, it's time to get a proper diagnosis and treatment plan.

✅ Benefits of VNG Testing at Sagar Speech & Hearing Clinic

Choosing the **right clinic** for vestibular diagnosis is crucial for long-term wellness. At Sagar Speech & Hearing Clinic, you get:

🎯 Accurate and Scientific Diagnosis

Using internationally recognized VNG equipment, we provide **precise evaluation** of your balance system.

👩‍⚕️ Tests Performed by Certified Audiologists

Our VNG procedures are conducted by trained and qualified audiologists with expertise in vestibular testing.

⚡ Fast, Non-Invasive & Painless Procedure

VNG testing is quick, safe, and doesn't involve any injections, cuts, or pain.

🛋 Comfortable and Patient-Friendly Setup

We ensure that patients feel relaxed throughout the testing process, even if they are experiencing severe vertigo.

🌐 Early Detection = Better Treatment

Identifying vestibular issues early helps in tailoring the right treatment, physical therapy, or referrals, reducing the risk of falls and long-term complications.

🏥 About Sagar Speech & Hearing Clinic

Located in **Hotel Ashoka Lake View**, near **Parkota, Sagar (M.P.)**, our clinic is a well-known center for:

- **Speech therapy**
- **Hearing assessment and aids**
- **Tinnitus management**
- **Balance disorder evaluations like VNG**

With a compassionate and skilled team, Sagar Speech & Hearing Clinic is committed to **restoring clarity and stability** to every patient's life.

📍 Clinic Address and Contact

Sagar Speech & Hearing Clinic
📍 *Hotel Ashoka Lake View*, First Floor, Parkota, Sagar (Madhya Pradesh)
📞 **Call for Appointments:**
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✵ Take the First Step Toward Clarity and Balance

Don’t ignore persistent dizziness or imbalance—it could be more than just fatigue. With the **VNG test at Sagar Speech & Hearing Clinic**, you can finally uncover the root cause and begin your journey toward a healthier, more balanced life.